

2018 SMHS Swim Team Policies and Procedures

Outlined below are the SMHS Swim Team Policies and Procedures decided on by your coaches. Policies and rules are not limited to what is below, as it is important to remember that your coaches have final discretion on all conduct.

Academics come first. Athletes must maintain the required 2.0 GPA to be able to participate. If the minimal GPA requirement is not met the athlete will be dismissed from the team until that GPA requirement is met.

Practice Attendance

Practice is mandatory. An athlete is allowed an excused absence, in which they can miss practice without penalty; but the athletes must contact one of the coaches before the missed practice. An excused absence is medical, academic or family related. All excused absences must be communicated to coaches in a timely manner before practice. If you must be late for practice, bring a note signed by a parent, teacher or doctor.

An unexcused absence will result in suspension from the next meet. Athletes who are practicing on a club swim team will have their practice requirements handled on an individual basis after meeting with the head coach.

Meet Attendance

All athletes are required to attend the intersquad meet in the beginning of the year. Athletes must be present at school the day of all meets. If there is an unexpected conflict and an athlete is unable to attend a meet, they must notify the coaches 3 days before the meet. Nonattendance at a meet without written notice and approval will result in suspension from a meet or expulsion from the team. Not every athlete will be entered into every meet, but we will do our best to give every athlete as many opportunities to compete as possible.

Practice and Meet Conduct Policy

We are a TEAM. Anything besides positive and supportive behavior and language is unacceptable and will result in disciplinary action such as meet suspensions or expulsion from the team. Every member of the San Marcos High School Swim Team has a duty to represent themselves and the school in the best manner possible. When accepting a position on the team, every member must agree to abide by a high standard of character, values and behavior both in and out of the pool. Minor violations such as the use of profanity will result in a one day suspension, served the following practice day. Major violations such as use of drugs, alcohol or tobacco, theft and vandalism will result in suspension from the team until the matter is resolved.

Respect and good sportsmanship to other athletes, coaches and meet officials are required at all times. Everyone will ride to and from the meets on the bus unless there is a medical emergency or a special occasion. For the latter, prior written arrangements are required.

As a member of the San Marcos High School Swim Team I pledge to the following:

Name: _____

I will adhere to all San Marcos High School, School District and Swim Team rules and regulations.

I will endeavor to participate in all practices and meets, arriving on time and swimming to the best of my ability for the duration of the practice and meet.

I will exhibit a positive attitude, good sportsmanship and respect my teammates, coaches and competitors.

I will place academics before athletics and continually strive to be the best I can in and out of the classroom.

I have read, understand and will adhere to the policies and procedures of the San Marcos High School Swim Team.

X _____ Date: _____
(Parent/Guardian Signature)

X _____ Date: _____
(Athlete Signature)