San Marcos Football Meet the Coaches

Head Coach- Derek Stank- <u>derek.stank@smusd.org</u> Head JV- Frank Finnerty- <u>frank.finnerty@yahoo.com</u> Head FR- Mike Harris- <u>bnic304@icloud.com</u>

Introductions- Coach Stank

- Welcome and SACRIFICE (Commitment, Respect, ALL IN)

Introduce coaching staff

Goals for the program: FAMILY, SCHOOL, FOOTBALL

- Family- ONE team at all levels
 - o Team Banquet- All Levels
 - Thursday Night Pasta Dinner (5:15 in café after practice for V and JV)
 - Gameday Polos
 - Football optional Fee \$150 (Banquet, Polos, Food, Etc.)

Common Goal with Different Roles

- DEVELOP YOUNG MEN IN TO GREAT PEOPLE!
- Coaches COACH, Players PLAY, Parents SUPPORT
 - o Coaches- We will do our absolute best for every player and the program as a whole!
 - Parents- Support your sons and this program!
 - o Athletes- Be good people, take care of your grades, nourish your bodies, and represent this program well!

Fundraising/Budget: 3 Fundraiser- Lift a thon, Snap, Football kickoff Party

- EX: Weight room equipment, Football Pads, Line boards, Sleds, Footballs, Practice Gear, Kicking equipment, T-shirts, Speaker system, Transportation, Hudl, Filming equipment, 7 on 7 tournaments, Technology, Coaches Apparel, etc.
- BIG Wants- Platforms, Barbells, Bumper Plates, DB's, K-Bells, TEC Sled, JUGS Machine.
- COACHING STIPENDS \$10,000 Plus

Schedule and Info Sheet

- Weight room and Field Training
- Spring Ball
- Summer Workouts
- Fall Camp
- Regular Season

Communication- KEY FOR ANY SUCCESSFUL RELATIONSHIP

- PLAYERS EMAIL COACH
- Emails from Coach Stank
- Follow ups from Team Moms
- Social Media- Facebook- @sanmarcosfootball & Twitter- @SanMarcosFBall

Volunteers- Elaine, Sherri, Caren, and Patricia

- Sherrie to Introduce Board and remind parents most of the board are senior parents
- Sherrie to discuss Football program, ad sells and yard signs
- Caren to discuss Kick-off party and Banquet
- Patricia- spirit wear sale table
- Elaine to introduce team moms, chairs for Thursday pasta feed, Friday meals and snack bar
 - Varsity- Big Blue Feed Crew
 - Varsity athletes will be feed during 6th period from 2-3
 - Walk through will happen after from 3-3:30
 - JV and FR will get Cliff Bars, Water, Fruit before each game

Miscellaneous- Coach or Elaine

• Remind parents about raffle prizes, bleacher chair pre-order, Photo Booth for Social Media awareness, payment method and Google doc registration table