

SMHS KNIGHTS SWIMMING DIVING TEAM RECORDS

WOMENS	TIME	YEAR	EVENT	MENS	TIME	YEAR
LINDSAY LADMAN	1:51.16	2016	200 FREESTYLE	ADAM LADMAN	1:38.82	2021
CASSIDY ALLISON	2:02.54	2023	200 INDIVIDUAL MEDLEY	AIDAN SIMPSON	1:48.88	2021
KAYLIN McCORMICK	23.82	2021	50 FREESTYLE	TIM SICILANO	21.90	1998
NICOLE PARMENTER	54.79	2010	100 BUTTERFLY	JACOB CAIRNS	49.29	2023
LAUREN PUTNAM	4:56.42	2023	500 FREESTYLE	TIM SICILANO	4:21.10	1998
CASSIDY ALLISON	51.62	2023	100 FREESYTL	ADAM LADMAN	45.92	2021
NICOLE PARMENTER	54.55	2009	100 BACKSTROKE	JACOB CAIRNS	52.71	2023
JESSICA PARMENTER	1:05.71	2014	100 BREASTSTROKE	AIDAN SIMPSON	55.81	2021
G.ESPOSITO, L. PUTNAM, C. ALLISON, C. LE	1:45.84	2023	200 MEDLEY RELAY	A. LADMAN, A. SIMPSON, JOEY CAIRNS, A. DEL CASTILLO	1:34.41	2021
C. ALLISON, L. PUTNAM G. ESPOSITO, C. LE	1:38.32	2023	200 FREESTYLE RELAY	JOEY CAIRNS, A. TOLEDO, A. DEL CASTILLO, N. HONG	1:28.08	2022
L. PUTNAM, M.McCORMICK G. ESPOSITO,C. ALLISON	3:30.62	2023	400 FREESTYLE RELAY	N. HONG, A. TOLEDO A. LADMAN, A. SIMPSON	3:11.66	2021
LAUREN KUDO	256.10	2023	6 DIVES 1 METER	MASON SHIN	303.25	2023
LAUREN KUDO	394.15	2023	11 DIVES 1 METER	MASON SHIN	448.05	2023